

Exploring the Seasons of Grief

This small group program is designed for people carrying grief to explore their grief and become more empowered. Previous participants have found it effective in helping them make a shift forward.

The commitment is to 4 weekly sessions of 2 hours each (potentially via Zoom).

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Please express your interest by emailing Leonied@catholiccemeteries.com.au and we will arrange the time to suit those wishing to participate.



*We offer care,
empathy and
compassion to
nurture all to
live their grief*



Grief Care